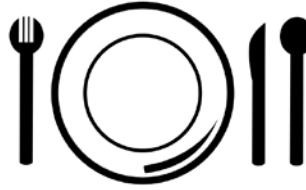


# What Affects Our Health



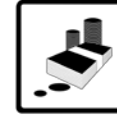
Real estate



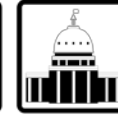
Construction



Education



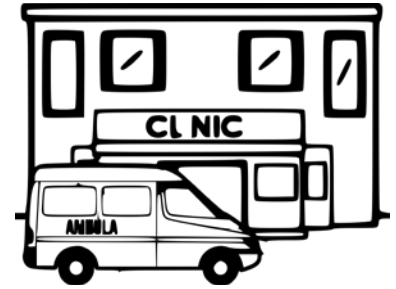
Banking



Politics



Mining



- 
- |                                 |                                       |   |  |  |
|---------------------------------|---------------------------------------|---|--|--|
| ● How safe is the neighborhood? | ● How much money do the schools have? | ● Are there grocery stores in the neighborhood? | ● Are there jobs in the neighborhood?            | ● Are there clinics and hospitals nearby?        |
| ● Is the air clean?             | ● How close are the schools to home?  | ● Is the food affordable?                       | ● What about buses or trains to get to a job?    | ● Are there physical and mental health services? |
| ● Is the water clean?           | ● What about the teachers?            | ● Is the food healthy?                          | ● Do the jobs pay fairly? Do they have benefits? | ● How much money does it cost?                   |
| ● Are there green spaces?       |                                       |   | ● Are the jobs safe?                             | ● How are the doctors?                           |

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## Part 1. Michael and Anthony: Thinking about Our Communities

**Directions:** What parts of their lives might affect their development? Positive or negative?



### Michael, Age 4

- Lives in a part of the city with high asthma rates
- Eats a lot of fruits and vegetables and drinks lots of water
- Most meals are at home with mom or grandparents
- Dad works two jobs and is gone 14-16 hours a day
- Mom goes to work in the day and goes to school some nights
- Grandma and Grandpa take care of him other times
- Goes to the library in the morning for storytime

### Anthony, Age 4

- Has no health problems, has vaccines, and has been to the dentist
- Goes to daycare every day near his mom's work
- Loves apple juice
- Usually eats fast food 2-3 times a week since the family is very busy
- Sleeps about 10 hours a night
- Parents work 9-5 every day in stressful jobs
- Parents each travel at least one hour to and from work every day
- Spends time with family or friends on weekends
- Likes to watch cartoons and use his mom's iPad

with Grandma twice a week

- Plays at the park near his house every day

every day in the car, after dinner, and before bed

## Part 2. Michael and Anthony: Fast Forward 15 Years

**Directions:** Talk about these questions.

- How has each boy been affected by his environment?
- Who has more opportunities?

### Michael, 17

- Goes to high school near his house
- Gets pretty good grades
- Comes home right after school usually to avoid neighborhood violence and take care of younger siblings
- Plays basketball but the team has the gym only a few hours a week
- Really good at video games
- Thinking about college but not sure how to pay for it or what to study
- Takes the bus if he leaves the neighborhood

### Anthony, 17

- Goes to high school with a good technology and science program
- Interested in being a doctor or a computer programmer
- On the tennis team
- Got a scholarship to go to college
- Uses after school tutoring program when he has trouble with advanced classes he is taking
- Drives his mother's car to his part-time job